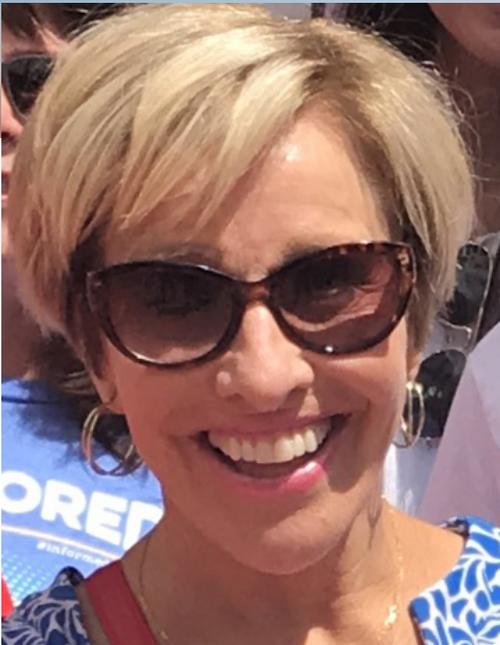


Standing for Truth and Freedom

QUICK ACTION GUIDE

www.TheHealthyAmerican.org



Welcome on Board!

Peggy Hall

www.TheHealthyAmerican.org

Peggy@thehealthyamerican.org

A personal thank you from Peggy...

I created this resource for YOU to help take action against the oppressive and over-reaching unlawful measures that have been imposed upon us all.

My heart breaks for the many losses that millions of citizens have endured, and I'm compelled to do something about it.

I know you feel the same way.

With all hands on deck, we can get this ship turned around in the right direction.

We all have an ESSENTIAL job to do in reclaiming our God-given rights, and to promote truth and freedom.

Thank you for standing with me!

~ Peggy Hall

QUICK ACTION GUIDE

Time is running out! We have got to act quickly.

This current battle is the most important, as any compliance and complacency will bring us one step closer to entrenched oppression.

Do not give in, do not give up, and do not give yourself over to that which you know is unlawful and un-Constitutional.

Remember: WE are the PEOPLE.

And the government is to SERVE us, not enslave us.

Here is how to take action so we can reclaim our freedom, and to protect our state and country for our children and the future.

HERE'S WHAT TO DO:

(1) Watch my videos for background information:

CA State of Emergency Unlawful <https://youtu.be/SrmqsEwsZ0A>

No CA Law Requiring Masks <https://youtu.be/cQp8b3bxSVw>

How to Stop Oppressive Government <https://tinyurl.com/yc56e8lu>

(2) Send the following letter (below)

(modify and adapt as needed)

(3) Subscribe to my HEALTHY AMERICAN Youtube channel:

<https://www.youtube.com/channel/UCwC7VpIHS2uJzJ0q5I11oQA>

(4) Subscribe to the HEALTHY AMERICAN website:

<https://www.thehealthyamerican.org/take-action>

(5) Email if you are interested in volunteering

peggy@thehealthyamerican.org

(6) Share this info with everyone you know!

(7) Gather contact info for your representatives, business, media, friends, co-workers, associations, social media etc.

(Find lawmakers here: <https://myreps.datamade.us/>)

- ALL State Senators (even if not in your district)
- ALL State Assembly members (even if not in your district)
- ALL City councils and MAYORS, City Managers, in all 480 California Cities
- ALL Boards of Supervisors in all 38 counties
- ALL Sheriff Departments in all 38 counties
- ALL Police Departments in all cities
- Business associations (if you know of any, like realtor associations and other professional associations
- MEDIA: newspapers, radio, television
- SOCIAL MEDIA - podcasts, FB, Youtube, blogs (here is a good one: <https://californiafamily.org/about-us/>)
- email friends, family, co-workers, churches, business associations

SAMPLE LETTER

Modify and adapy as needed. Several versions and examples ar provided for you here.

Dear [name],

1. The governor is extending the UNLAWFUL State of Emergency, **without seeking legislative approval**, which is required by CA law Under the California Emergency Services Act. See more here and have someone on your staff watch this 15 minutes and take notes: CA STATE OF EMERGENCY UNLAWFUL:

<https://youtu.be/SrmqsEwsZ0A>

2. There is **NO current threat** of a pandemic/epidemic based on:

(a) covid numbers fewer than typical outbreak of communicable diseases

(b) Health care workers being laid off

(c) Hospitals and clinics closing floors and on the edge of bankruptcy, including HOAG hospital

3. Further, **covid numbers have not been confirmed by local boards of health**. All death certificates need to be duly examined by each local board of health to determine underlying causes of death. The revised numbers will likely show even more accurately how there is NO threat of emergency in CA.

4. These "reopening phases" are GUIDELINES only and NOT ENFORCEABLE by LAW. This means all measures such as "social distancing" "wearing a face covering"

are not enforceable by law and NOT REQUIRED by ANY BUSINESS ESTABLISHMENT.

5. CA law provides that each citizen is "**Free and equal**" and may not be discriminated against in ANY BUSINESS establishment whatsoever based on a health condition (i.e., breathing, which wearing a mask obstructs.) See California Civil Code below:

CALIFORNIA CIVIL CODE Sec. 51.7 (a) [Click here for link](#)

(a) All persons within the jurisdiction of this state have the right to be free from any violence, or intimidation by threat of violence, committed against their persons or property because of political affiliation, or on account of any characteristic listed or defined in subdivision (b) or e) of Section 51, or position in a labor dispute, or because another person perceives them to have one or more of those characteristics. The identification in this subdivision of particular bases of discrimination is illustrative rather than restrictive.

Sec. 51 (b)

All persons within the jurisdiction of this state are **free and equal**, and no matter what their sex, race, color, religion, ancestry, national origin, **disability, medical condition**, genetic information, marital status, sexual orientation, citizenship, primary language, or immigration status **are entitled to the full and equal accommodations, advantages, facilities, privileges, or services in all business establishments of every kind whatsoever.**

6. On MASKS: **These are suggestions only**, not public orders, and not enforceable by law. According to California Law, Civil Code 51 (b) NO BUSINESS MAY REQUIRE PATRONS TO WEAR A MASK. This prevents the free access and equal accommodations protected by law.

7. Further, **businesses may NOT require any rule or regulation that is a MEDICAL INTERVENTION** (i.e., wearing a mask, which inhibits the function of the respiratory system, an essential function of staying alive) -- unless they provide a licensed medical doctor who performs a physical examination to advise the patron or employee to engage in this health intervention.

8. The "Re-Opening Phases" are **GUIDANCE ONLY**, not enforceable, and carrying no penalty of law.

9. The CA Department of Public Health has not confirmed ANY findings from the CDC about the theory of (a) healthy people wearing masks prevents the spread of illness (b) forced separation slows transmission (c) asymptomatic transmission occurrences. In other words, there is no evidence that the CDC guidelines are based upon science or medical evidence. Thus, even the CDC guidelines are based on inconclusive assumptions with NO reputable peer-reviewed studies.

10. Thus, **BUSINESSES** and **RESIDENTS** may choose to resume normal activities without ANY LEGAL RESTRICTIONS.

(NEXT, add these other paragraphs, depending on who you are writing to)

[To Senators & Assembly members]:

Send all of the above, plus the following:

Thus, I request an immediate resolution in your chamber to publicly denounce the Governor's deceptive practices of:

(a) not proclaiming the termination of the current state of emergency

(b) not clarifying that these are suggestions and guidelines only, not LAWS
(c) call a press conference to address these issues and clearly communicate to the citizens that they are FREE AND EQUAL and allowed to resume ALL NORMAL ACTIVITIES

(d) reclaim your LEGISLATIVE POWERS by demanding CA SENATE PRES. TONI ATKINS to assemble the legislature to vote on terminating the SOE

(e) Use the many attorneys available to you to request a judicial review of the governor's abuse of power and unlawful declarations

[To County BOARDS OF SUPERVISORS]

Send all of the above, plus the following:

Thus, I request an immediate resolution in your chamber to publicly denounce the Governor's deceptive practices of :

(a) not proclaiming the termination of the current state of emergency
(b) not clarifying that these are suggestions and guidelines only, not LAWS
(c) call a press conference to address these issues and clearly communicate to the citizens that they are FREE AND EQUAL and allowed to resume ALL NORMAL ACTIVITIES

(d) reclaim your LEGISLATIVE POWERS by demanding SENATE PRES. TONI ATKINS to assemble the legislature to vote on terminating the SOE

(e) Use the many attorneys available to you to request a judicial review of the governor's abuse of power and unlawful declarations

[To CITY COUNCILS]

Send all of the above, plus the following:

Thus, I request an immediate resolution in your chamber to publicly denounce the Governor's deceptive practices:

- (a) not proclaiming the termination of the current state of emergency
- (b) not clarifying that these are suggestions and guidelines only, not LAWS
- (c) call a press conference to address these issues and clearly communicate to the citizens that they are FREE AND EQUAL and allowed to resume ALL NORMAL ACTIVITIES
- (d) reclaim your LEGISLATIVE POWERS by demanding SENATE PRES. TONI ATKINS to assemble the legislature to vote on terminating the SOE
- (e) Use the many attorneys available to you to request a judicial review of the governor's abuse of power and unlawful declarations
- (f) CLEARLY communicate to your businesses and residents of your city that they may RESUME NORMAL OPERATIONS IMMEDIATELY without potential liability or legal action..
- (e) Regarding fear of liability: Businesses can be sued for any reason whatsoever -- slip and fall, fraud, etc. That is why BUSINESSES HAVE LIABILITY INSURANCE. It is highly unlikely that any case could be won in court suing a place of business for transmitting covid. The defendant would have to prove that See this law regarding liability regarding communicable diseases:

For BUSINESSES That Fear LIABILITY:

Health and Safety Code 120290 HS is the California statute that makes it a crime for a person **intentionally to transmit** an **infectious disease**.

The code section states:

“A defendant is guilty of intentional transmission of an infectious or communicable disease if all of the following apply:

The defendant knows that he or she or a third party is afflicted with an infectious or communicable disease.

The defendant acts with the specific intent to transmit or cause an afflicted third party to transmit that disease to another person.

The defendant or the afflicted third party engages in conduct that poses a substantial risk of transmission to that person.

The defendant or the third party transmits the infectious or communicable disease to the other person.

[To local businesses and business associations, HOA Associations, Grocery Stores, Community Associations, neighbors, Nextdoor]

Send all of the above, plus the following:

ALL BUSINESS AND CITIZENS MAY RESUME NORMAL ACTIVITIES AS THEY DESIRE, WITHOUT LEGAL RESTRICTIONS.

According to the California Department of Health, the “re-opening phases” are GUIDELINES and suggestions only, not enforceable by law.

There is no California law or regulation that prevents anyone from resuming normal activities, including not wearing a mask, and not restricting numbers of people in an area or requiring forced distancing.

These phases are GUIDELINES ONLY, not enforceable by law.

BUSINESSES AND CITIZENS MAY RESUME FULL NORMAL ACTIVITIES WITHOUT LEGAL RESTRICTIONS

Regarding fear of liability: Businesses can be sued for any reason whatsoever -- slip and fall, fraud, etc. That is why BUSINESSES HAVE LIABILITY INSURANCE.

It is highly unlikely that any case could be won in court suing a place of business for

transmitting covid. The defendant would have to prove that See this law regarding liability regarding communicable diseases:

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The defendant or the afflicted third party engages in conduct that poses a substantial risk of transmission to that person.

The defendant or the third party transmits the infectious or communicable disease to the other person.”

[CLOSING PARAGRAPH when writing to government reps]:

As you are public servants elected to represent me and other citizens of California, I request a careful and thorough reading and research into these points and I am requesting to hear back from you within 2 business days as to your reply on this urgent matters.

Sincerely,

[your name]

You may also contact PEGGY HALL, The Healthy American for more information.www.thehealthyamerican.org

peggy@thehealthyamerican.org

UNLAWFUL CA State of Emergency: <https://youtu.be/SrmqsEwsZ0A>

[CLOSING PARAGRAPH when writing to businesses and community members]:

Let me know that you received this important information. You can learn more by:

You may also contact PEGGY HALL, The Healthy American for more information.www.thehealthyamerican.org

peggy@thehealthyamerican.org

UNLAWFUL CA State of Emergency: <https://youtu.be/SrmqsEwsZ0A>

Sincerely,

[your name]

www.TheHealthyAmerican.org

Peggy@thehealthyamerican.org